FUE

THEORY OF CHANGE

The Why

Young changemakers are critical drivers of positive social change, but without community and tailored support, this work takes a significant personal toll

Gaps and Risk Factors

Young changemakers often:

- 1. Have limited access to resources and industry connections
- 2. Are unable to cover their necessary income through changemaking, requiring them to juggle multiple other responsibilities
- 3. Are lonely and seek a dedicated community of support
- 4. Do not feel valued for their work, expertise and lived experiences
- 5. Are burned out, or are at risk of burnout



Community Building Events and Socials

Young changemakers

and connection,

and support from one

another

Drop-In Workshops and Learning Series **Professional Coaching** and Support

have a sense of belonging a safe space to recharge,

Young changemakers have access to tailored resources, knowledge and skills needed to sustain their work

Young changemakers are supported in their individual journeys, build a sense of agency and are equipped with the tools to find sustainable solutions

AN AUTHENTIC **COMMUNITY OF** SUPPORT FOR YOUNG **CHANGEMAKERS Professionals**

A place to rest, grow and connect

Young Changemakers Values-aligned organizations

Coaches

Decreased risk of burnout and increased wellbeing

- Greater understanding of individual strengths and increased sense of agency
- Renewed sense of hope, joy and commitment to community impact
- Increased financial viability

FUEL Staff

Sustained community impact

- Engage youth as experts, with meaningful involvment in key decisions
- Provide fair compensation and value their lived experience
- Ensure a space where youth are invited to bring their whole selves
- Encourage rest, fun and time to recharge