

FUEL

THEORY OF CHANGE

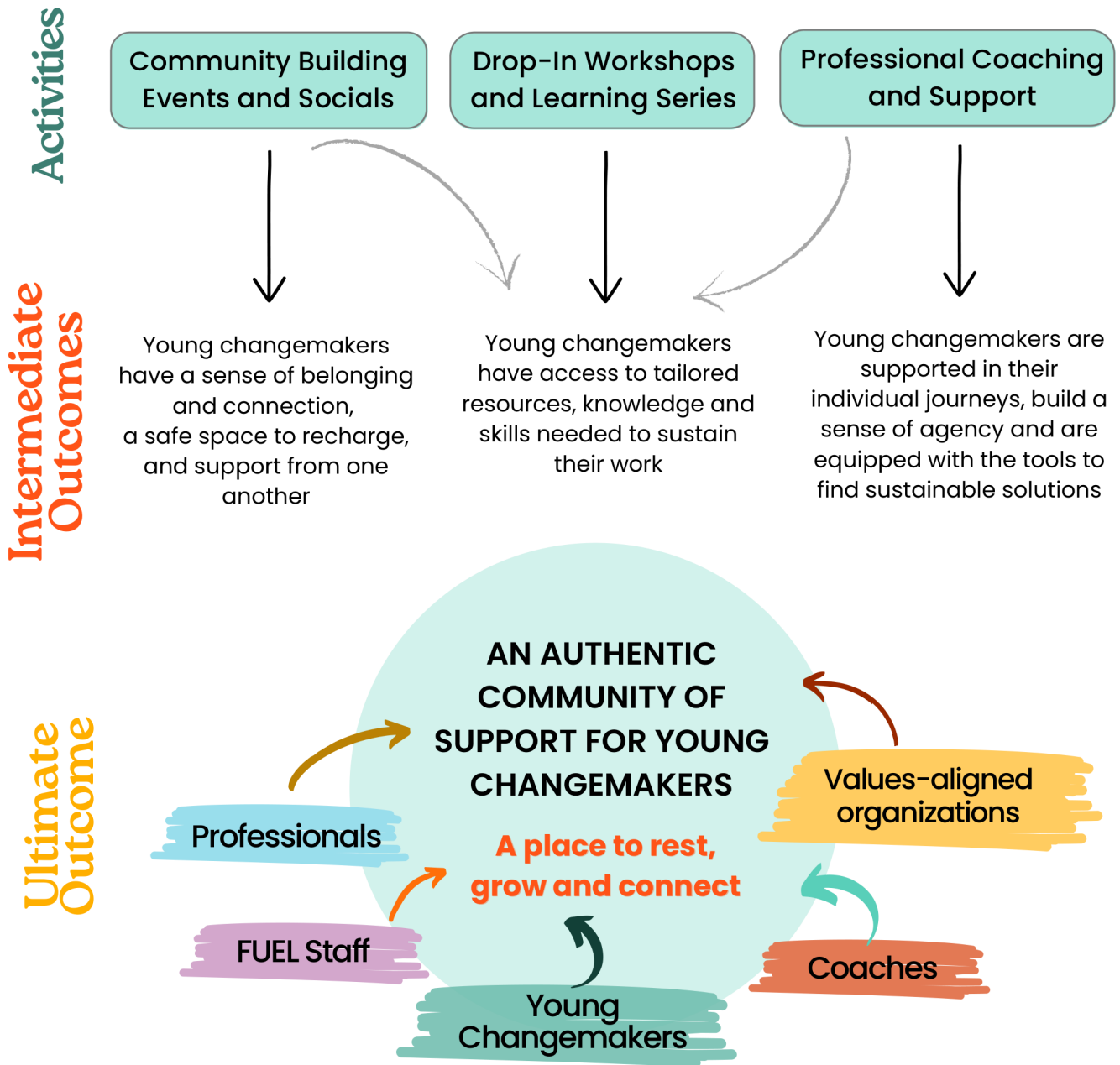
The Why

Young changemakers are critical drivers of positive social change, but without community and tailored support, this work takes a significant personal toll

Gaps and Risk Factors

Young changemakers often:

1. Have limited access to resources and industry connections
2. Are unable to cover their necessary income through changemaking, requiring them to juggle multiple other responsibilities
3. Are lonely and seek a dedicated community of support
4. Do not feel valued for their work, expertise and lived experiences
5. Are burned out, or are at risk of burnout



Impact

- Decreased risk of burnout and increased wellbeing
- Greater understanding of individual strengths and increased sense of agency
- Renewed sense of hope, joy and commitment to community impact
- Increased financial viability
- Sustained community impact

Approach

- Engage youth as experts, with meaningful involvement in key decisions
- Provide fair compensation and value their lived experience
- Ensure a space where youth are invited to bring their whole selves
- Encourage rest, fun and time to recharge